



The Bluffs Senior Community

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Our Team



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May 2024 NEWSLETTER

Resident Birthdays

5/02- Jan D. (QC)
5/08- Arlene V.
5/09- Fran W.
5/10- Marilyn M.
5/14- Ruth O.
5/23- Joe Ki.
5/26- Delores A.

Employee Birthdays

5/3- Liz D.
5/18- Dave P.
5/26- Mike B.



Letter from our Executive Director

Welcome May!

Despite some snow late in the season, it's been a beautiful and welcoming Spring. We are all anxious for green grass and warm sunshiny days ahead! We are also excited to get working on the grounds, please welcome back groundskeeper Mike when you see him!

We will be announcing the 1st Quarter Arcadia Ambassadors on Wednesday, May 1st at 12:00! Please join us in congratulating our first two Ambassadors of 2024!

We will enjoy our annual Mother's Day Brunch on the 12th from 11a.m.-1p.m. Please join us if you are able! We love to celebrate and honor all of our wonderful Mothers!

Later this month we will enjoy our annual Memorial Day Picnic! We're looking forward to getting outside and enjoy the great Copper Country fresh air! Wishing you all a glorious May!

-Jessica



Activity Highlights

Hello!

I hope you all enjoyed April. We are going to kick off the month celebrating one of our annual favorites, The Kentucky Derby on May 4th. This year marks the 150th year! We will be making some fun derby hats as well as horse races in the lobby. The first Sunday is Cinco De Mayo, we will enjoy Senior Sippers that evening and celebrate with Margaritas.

We will continue our outings this month as well as have several guest speakers, we hope that you can join us! We will wrap up the month with our annual Memorial Day Picnic which we are looking forward to. We will enjoy many picnics over the Summer months. As always, please let me know if you have any activity suggestions. If you'd like to be added to the newsletter email list, please let me know: activities@thebluffs.org

-Kalyssa

Culinary Corner

Greetings from The Bluffs Kitchen!

I hope you are all doing well! We hope you've been enjoying the new Spring/Summer menus!

We have several events this month and are excited to showcase some of your favorites at our Mothers Day Brunch and Memorial Day Picnic, we hope to see you there!

We are also excited to kick off picnic season, we will be enjoying them very soon on the patio.

Please let me know at anytime if we can do anything to enhance your dining experience. I'd also like to give a hats off to our fabulous culinary team, they are all stars!

~ Shelly Marino

I Am One Hundred!

"One hundred trips around the Sun!"

Was it something I won

For distance or years?

One hears that it is the latter

But does it really matter?

Space and tie are equals dear.

For me, it would be a shame

To ignore the distance claim,

or to overlook my obligations

because of my age.

I just can't turn the page

To ruminate on geology

And its effect on my theology,

A less stressful philosophy.

The time-clock is winking!

I should be more clear

About my thinking

Now that my sun is slowly sinking:

I should gather the revisions

With all speed

For my girls to read my thoughts and visions

Before the finals decisions are made.

Until I face the Great Beyond

At the end of my days.

But hey!

Not yet!

The final days has not been set.

Still more friends, more fun.

More love to give and love to get.

Jorma Kalliokoski, 2/21; 3/4; 4/11.

I thank Dana Richter for the tweaks.

May 2024 Activity Calendar

Community Captures



Little Finnish Dancer's



"Growing old is inevitable, but growing up is optional."

IT Support



Computers and technology are increasingly part of our every day lives and it continues to become more complex. Our TVs are now smart TVs, old laptops are becoming obsolete and most everything is a touch screen now. It can often be confusing to navigate these devices. The Bluffs staff is willing to do all we can to troubleshoot and assist you with your technology. If you have technology problems or just need general assistance, please call the front desk. We will have a staff member assist you as we have time. Please know, if there is a problem beyond our very general knowledge, we will direct you to call Up & Running Technology Solutions to assist.

Additional Reminders

- Please take a few minutes to fill out an Arcadia Ambassador nomination form to recognize an outstanding employee!
- There are no assigned seats in the dining room.
- Please be sure to be wearing your emergency pendants at all times.
- The North end doors are now locked at all times. Please plan accordingly and use the main entrance.
- If you have any suggestions, please feel free to put them in the box near the elevator, we review them each week!
- The outside furniture will be put out very soon
- Air Conditioners will be "summerized" starting May 1st

June Save The Dates



7th- Birthday Lunch
14th- Bridgefest Parade
16th- Fathers Day
20th- First Day of Summer

