



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30—Catholic Service Live Stream (GR) 11:00—St. Peter & Paul Lutheran Church Live Stream (GR) 1:30—Pinochle (LIB) 2:30— Music w/The Mennonites (B)	2 No Exercise Today 11:30-1:00 Labor Day Picnic (DR) 2:30—Coffee Chat (CC) 6:30—Evening Cinema (GR) 	3 10:30— Shopping Outing to Walmart (LD) 1:30— What's That Smell? (LIB) 2:30—Coffee Chat w/ Treat (CC) 4:00—Exercise w/ Ann (ER) 6:30—Rummikub (LIB)	4 10:30—Exercise w/ Kalyssa (ER) 11:00—Free Blood Pressure Checks (PDR) 2:00— Catholic Mass (B) 3:00— Baking Apple Crisp (B) 6:30— Pinochle (LIB)	5 11:30— Lunch Outing to Copper Range Depot Family Restaurant (LD) 1:30—Bingo (LIB) 3:00—Comedy Show w/ Candy (B) 4:00—Exercise w/ Anne (ER) 6:30— Evening Cinema (GR) Wear Bluffs Shirt	6 10:30—Exercise w/ Kalyssa (ER) 11:30— Birthday Lunch (DR) 1:30—Fall Wreath Craft w/ Katelyn (LIB)	7 10:30—Crafty Ladies (GR) 1:30—Left, Center, Right, Dice Game (LIB) 2:30—Coffee Chat (CC) 6:30—Evening Cinema (GR)
8 9:30—Catholic Service Live Stream (GR) 11:00—St. Peter & Paul Lutheran Church Live Stream (GR) 1:30—Goodies w/ Grandparents (B) 2:30— Crafts w/ Cub Scout Troop (B) Grandparents Day National Assisted Living Week	9 10:00—Walker & Scooter Maintenance w/ Doug the Scooter Dr. 10:30— Exercise w/ Kalyssa (ER) 1:30—Great Gatsby Photo Shoot (B) 3:00—Tea Party (B) 6:30— Scabble (LIB) 20s Dress Up Day	10 10:30— Shopping Outing to Econo (LD) 2:30—Know Your “Roots” “Route 66 Trivia” (CC) 4:00—Exercise w/ Ann (ER) 6:00— Bingo Bonanza Fundraiser for Copper Shores Meals On Wheels (B) Bluff Shirt Day	11 10:30—Exercise w/ Kalyssa (ER) 1:00—Catholic Outreach w/ Sister Linda (PRD) 2:00— Lantern Pressed Flowers (LIB) 3:00—Chapel Service & Hymn Singalong w/ Pastor Eric (B) 6:00— Pinochle (LIB) Patriot Day Wear Red, White, & Blue	12 7:30—9:30— Pancake Breakfast (DR) 1:30—Bingo (LIB) 4:00—Exercise w/ Ann (ER) 6:30—Family Movie Night w/ Treats “CoCo” (GR) 70s Dress Up Day	13 10:30— Exercise w/ Kalyssa (ER) 1:30— Name That Tune 50s & 60s (LIB) 4:30— Sock Hop Happy Hour w/ Live Music By Jan Arnold (B) 50s & 60s Dress Up Day	14 10:30—Crafty Ladies (GR) 1:30—Left, Center, Right, Dice Game (LIB) 2:30—Coffee Chat (CC) 6:30—Evening Cinema (GR) National Cream Filled Donuts
15 9:30—Catholic Service Live Stream (GR) 11:00—St. Peter & Paul Lutheran Church Live Stream (GR) 1:30—Pinochle (LIB) 2:30— Coffee Chat (CC) 4:30—Bluffs 24th Anniversary Dinner (DR)	16 10:30—Exercise w/ Kalyssa (ER) 1:30—Bingo (LIB) 3:00—Leaf Suncatcher Craft (LIB) 6:30— Scabble (LIB)	17 10:30— Shopping Outing to Dollar Tree (LD) 1:30—Men Pool League Game (2nd Floor) 2:30—Coffee Chat w/ Treat (CC) 4:00—Exercise w/ Ann (ER) 6:30— Rummikub (LIB)	18 10:30— Exercise w/ Kalyssa (ER) 1:00 —Catholic Outreach w/ Sister Linda (PRD) 2:00— Balloon Tennis (B) 6:30—Pinochle (LIB)	19 11:30— Lunch Outing to Pizza Hut (LD) 1:30—Bingo (LIB) 4:00—Exercise w/ Ann (ER) 6:30—Evening Cinema (GR) Wear Bluffs Shirt	20 10:30— Exercise w/ Kalyssa (ER) 1:30— Happy Hands (LIB) 4:30—Happy Hour w/ Live Music By Gypsy Soul Food (B)	21 10:30—Crafty Ladies (GR) 1:30—Left, Center, Right, Dice Game (LIB) 2:30—Coffee Chat (CC) 6:30—Evening Cinema (GR)
22 9:30—Catholic Service Live Stream (GR) 11:00—St. Peter & Paul Lutheran Church Live Stream (GR) 1:30—Pinochle (LIB) 2:30— Coffee Chat (CC) 1st Day of Autumn	23 10:30—Exercise w/ Kalyssa (ER) 1:30—Bingo 2:30—Coffee Chat (CC) 6:30— Local Christian Women's Choir Group Concert (B)	24 10:30— Shopping Outing to Walmart (LD) 1:30— U.P. Home Care Therapy Health Talk w/ Nick (LIB) 4:00—Exercise w/ Ann (ER) 6:30—Rummikub (LIB)	25 10:30—Exercise w/ Kalyssa (ER) 1:00 —Catholic Outreach w/ Sister Linda (PRD) 2:00—Painted Sunflower Rock (LIB) 3:00—Chapel Service & Hymn Singalong w/ Pastor Eric (B) 6:30—Pinochle (LIB)	26 11:30—Lunch Outing to Joey's Seafood & Grill (LD) 1:30—Bingo (LIB) 4:00—Exercise w/ Ann (ER) 6:30—Evening Cinema (GR) Wear Bluffs Shirt	27 10:30—Exercise w/ Kalyssa (ER) 1:30— Flower Arrangements w/ Allison Mill from Ghost Farms (LIB) 4:30— Happy Hour w/ Live Music By The Elo Trio Plus 1 (B) National Scarf Day Wear a Scarf	28 10:30—Crafty Ladies (GR) 1:30—Left, Center, Right, Dice Game (LIB) 2:30—Coffee Chat (CC) 6:30—Evening Cinema (GR)
29 9:30—Catholic Service Live Stream (GR) 11:00—St. Peter & Paul Lutheran Church Live Stream (GR) 1:30—Pinochle (LIB) 2:30— Coffee Chat (CC)	30 10:30—Exercise w/ Kalyssa (ER) 1:30—Bingo (LIB) 3:00— Senior Sippers w/ Bonfire (BP) 6:30— Scabble (LIB) National Hot Mulled Cider Day					
	LOCATION KEY	ER - Exercise Room GR - Gathering Room P- Patio	B- Ballroom DR- Dining Room LIB - 2nd Floor Library	LA - Lobby Area CA- Couch Area BL- Back Lawn	LD - Lobby Departure PDR - Private Dining Room CC- Coffee Corner	*Activities are subject to change