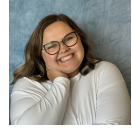


# Our Team



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## The Bluffs Senior Community

1000 Bluff View Drive, Houghton, MI, 49931  
906-483-4400  
www.thebluffs.org

### September 2024 NEWSLETTER

#### Resident Birthdays

- 9/1- Jerry M.
- 9/1- Diane H.
- 9/12- Judith A.
- 9/14- Bob F.
- 9/21- Karin V. (QC)
- 9/28- Anne R.
- 9/30- Don V. (QC)

#### Employee Birthdays

- 9/9- Shelly M.
- 9/12- Carl N.
- 9/16- Amy J.

## Letter from our Executive Director

Happy September Bluffs Family!

I've been seeing the Fall decorations in the stores for quite some time now and I have been in denial that Fall is right around the corner. Welp, here we go! Break out the pumpkin spice!

We have a busy September planned. September always brings National Assisted Living Week (NALW). Although we are not technically an Assisted Living Facility, we still celebrate this event each year. The theme this year is "Inspiring Generations." We will kick off the week with Goodies with Grandparents on Grandparents Day. Please come see Grandma and Grandpa on this fun day! We will also feature a generational display in the lobby, stop by and take a look at the generations through the years. Kalyssa will touch on some more of our NALW activities in the Activity Highlight section.

On the 15th of this month, we will be having a nice dinner in celebration of our 24th anniversary. Stay tuned for more details.

Looking forward to a great month and great memories.

See you soon!

-Jes



NATIONAL ASSISTED LIVING WEEK® | SEP 9-14, 2024



## Activity Highlights

Hello Residents, Families & Friends!

I hope you had an amazing August, and are looking forward to September. We have a busy but fun month ahead of us! To kick off the month we have a Labor Day Picnic on Monday the 2nd.

National Assisted Living week starts on the 8th. We will enjoy Goodies with Grandparents followed by a craft with the local Cub Scouts Troop. On Monday we will have a Great Gatsby Photoshoot followed by a tea party, stay tuned for the pictures!

Residents are looking forward to our annual pancake breakfast which will take place on the 12th. We will also be showing the movie "CoCo" and encourage family members to come for movie night!

We'll wrap up our week with a Sock Hop Happy Hour with live music by Jan Arnold.

We have many other great activities in store throughout the month, please take a look at the monthly calendar on the inside ( as well as our website) and join us when you can!

Looking forward to a great month of "Inspiring Generations"!  
-Kalyssa



## Culinary Corner



Greetings from the Culinary Department! We have been incorporating fresh produce from the garden into our recipes as it has become available! Harvest season is just about wrapped up, we hope you enjoyed the fresh produce!

We are currently working on our Fall & Winter Menus which will roll out in October. We are excited to bring back some hearty and cozy meals and keep your favorites on the rotation! If you have any suggestions for the menus in the next few weeks, please stop by and see me!

Thanks! ~ Shelly

*"We should enjoy food and have fun. It is one of the simplest and nicest pleasures in life." - Julia Child*

## 1st EVER Comedy Show!

**Comedy Show**  
*with CANDY*

SEPTEMBER 5TH  
3 PM- BALLROOM

TICKET #047594

## NALW Dress Up Days

**Monday 9/9- 20's Dress Up**

**Tuesday 9/10- Bluff Shirt Day**

**Wednesday 9/11- Patriot Day- Wear Red, White & Blue**

**Thursday 9/12- 70's Dress Up**

**Friday 9/13- 50's & 60's Dress Up**



# September 2024 Activity Calendar



## Community Captures



## 2nd Annual Bingo Bonanza Fundraiser!

# BINGO!

### BONANZA AT THE BLUFFS

SEPTEMBER 10  
6 - 8 p.m.

The Bluffs Senior  
Community,  
Houghton

Refreshments &  
snacks available!

*The Bluffs*  
SENIOR COMMUNITY



  
COPPER SHORES  
MEALS ON WHEELS

## Additional Reminders

- Recognize an outstanding employee: Please fill out an Arcadia Ambassador form for any employee that goes Above & Beyond for you!
- No assigned seats: Please remember we have no assigned seats in the Dining Room.
- Pendants: Please be sure to wear your emergency pendant at all times!
- ACH for rent: Feel free to sign up for automatic rent payments, it is very easy and convenient! See Abbie for details.

## October Save The Dates



10/4- October Birthday Lunch

10/4- Plaidurday

10/31- Bluffs Spooktacular  
Boofet & Costume Contest

