

The Bluffs Senior Community

1000 Bluff View Drive, Houghton, MI, 49931

906-483-4400

www.thebluffs.org

September 2022 NEWSLETTER

Resident Birthdays

1st- Jerry M.
12th- Judith A.
14th- Robert F.
28th- Anne R.

Employee Birthdays

9th- Shelly M.
16th- Amy J.

Letter from our Executive Director

September Greetings!

To those that were able to join us for our Family and Friends day in August, thank you so much for making the day so special and fun filled! It was an incredible day filled with smiles, laughter and friendship.

September is shaking up to be a spectacular month, not only will we be celebrating National Assisted Living Week, we will celebrate The Bluffs 22nd Anniversary and we will end the month with our Resident and Family survey.

Katelyn and the team have planned a week full of great activities and events during NALW, I am really looking forward to it! Be sure to watch for our annual magazine publication during this time as well.

We have had an incredible Summer and have welcomed many new Residents into our home, for that we are very thankful. Please let us know if you need anything at anytime!

Here's to cooler days, cooler nights and the start of some Fall colors. Happy September!

~Jessica

Hello,
September!



Activity Highlights

Happy September!

It's hard to believe that summer is over already, though I won't complain about cooler temps as fall is certainly my favorite season of the year!

National Assisted Living Week (NALW) is this month from the 11th-17th and it's sure to be a week filled with fun from a food truck, to a pancake bar, to a rubber duck fundraising race and much more!

Now that school is back in session, Ann's exercises classes will be switching back to Tuesdays & Thursdays at 4 pm.

I will resume morning classes on Monday, Wednesday, and Fridays to ensure we remain having classes 5 days a week!

It's been a beautiful Summer full of great memories, September brings my one year anniversary at The Bluffs!

Thank you all for making it a great first year! I'm so excited for all the memories yet to be made.

~Katelyn



joyful moments
NATIONAL ASSISTED LIVING WEEK • SEPTEMBER 11-17, 2022

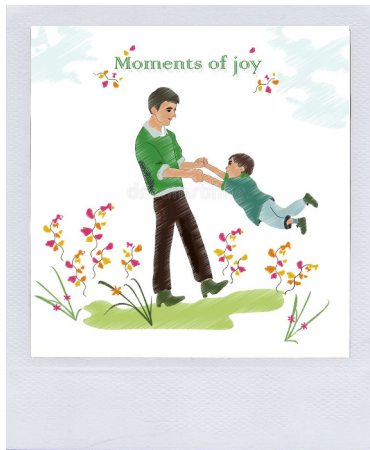
Photo Mug Craft

Join us to make your own dishwasher safe mugs on Monday September 19th!

Make one for yourself or to give as a gift. Feel free to bring your own photo to add to your mug or we will provide images to use. Copies can be made at the front desk at no extra charge.



Joyful Moments Photo Request



Our National Assisted Living Week theme this year is "Joyful Moments" and we're putting together a slideshow of photos submitted by residents and staff of joyful moments from our lives. **It could be any photo that brings you joy!**

Any memories with families growing up/raising kids, fond times here at the bluffs, wedding days, etc!

Please submit photos to Katelyn by September 5th. Scanning of physical images can be done at the front desk.

September- Survey Time!



Between September 19th and October 2nd you will receive a survey from Activated Insights. We ask that all families/residents complete these surveys upon receiving them via email or text. Staff will be available to assist Residents in taking the survey as it is online. We have been a "Great Place to Work" for two years in a row and we are hoping for year three! Thank you for your help and cooperation in making The Bluffs a great place to call home!

Kitchen Korner

Hello & Happy September!

I hope you have enjoyed the fresh produce during the month of August from our friend Jim. He supplied us with local vegetables all through the month and it was a joy to have fresh and local produce to share with you all! We also enjoyed plentiful berries from our garden this year and next year I hope to get a nice crop of vegetables to enjoy.

We will be starting our Fall/Winter menus the first Monday of October. You'll notice some hearty favorites return for the cooler months.

As always, please let me know if you have any suggestions. ~Shelly

Activity Calendar

Community Captures



Employee Birthdays



Shelly Marino

September 9th
Culinary Director

What do you like to do in your free time?

Ski, work in my flower gardens, spend time with grand kids!

What is your favorite meal at The Bluffs?

Philly sandwich or the Reuben



Amy Juntunen

September 16th
Lead Concierge

What do you like to do in your free time?

Camping, fishing, spending time with family and friends!

What are three words to describe you?

Creative, outgoing, funny

October Save The Dates



6th- Mad Hatter Day
7th- Birthday Lunch
31st- Halloween Party



Our Amazing Team



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