

The Bluffs Senior Community

1000 Bluff View Drive, Houghton, MI, 49931

906-483-4400

www.thebluffs.org



December 2022 NEWSLETTER

Resident Birthdays

7th- Marilyn L.
11th- Joan L.
29th- Shirley A.
30th- Gary E.

Employee Birthdays

13th- Annie S.
16th- Briana L.

Letter from our Executive Director

Warm winter wishes from the North Pole! Well, not quite the North Pole but it sure feels like it! Winter arrived with vengeance a few weeks ago! Speaking of North Pole, we have been very busy trimming the building to create a festive home for the month of December, it's looking lovely as ever!

At the end of November we began our 3rd Annual Giving Tree. The beautiful tree is located in the lobby. We are collecting cash donations (to buy gifts for you!) as well as new unopened toys that we will be donating to Mercy EMS "Kids With A Christmas". Last year was a tremendous success and we hope to make an impact again this year! We will be collecting until December 14th. Once a donation is made, you will be given an ornament to add to our Giving Tree. We appreciate your contributions and so will the children in our local community!



2021 Donation

I'm really looking forward the holidays here at The Bluffs, it is always a magical time of year full of fun, friendships and memories.

As we wrap up a wonderful year, I'd like to Thank You for choosing The Bluffs, we're so glad you're part of our family!

Merry Christmas ~Jessica

Activity Update

Seasons Greetings!

It's one of my absolute favorite times of the year; the colors, the songs, the cheer, the baking- brings so much warmth to the days as the winter wind blows and the days get shorter. There's also so much fun going around here...We'll continue some of our favorite traditions, such as our tree lighting ceremony, gingerbread house decorating, Tuba Christmas concert, and more. We'll also be trying some new things such as 12 Days of Christmas dress up days, sugar cookie decorating with students, gift wrapping stations, making cocoa jar gifts, and more.

It's sure to be special and I hope you all have a lovely and joyous holiday season!

~Katelyn

Activity Spotlight

Tuba Christmas Concert

This annual event occurs around the world in honor of the first truly great tuba virtuoso, William "Bill" Bell who was born on Christmas Day. Tubists gather yearly in mass numbers around the globe to play songs of the season.

Join us on Sunday, December 11th @ 5:30 PM in the Ballroom to enjoy the MTU Tuba Concert!



January Steps Challenge

Last month we touched on the importance of staying active and for the month of January we will be doing a steps challenge to keep us all moving and motivated as the winter blues begin to hit!

It will be open to all residents, staff, and families!

At the end of the month, the top 3 individuals with the most steps in each group (Resident, Family, Staff) will win a prize!

- We'll be offering a month long bi-weekly Walking Club but feel free to pair up with a friend or two and walk on your own time!
- Pedometers and sheets will be available for tracking and recording total steps!

Stay tuned for more details!

Kitchen Korner

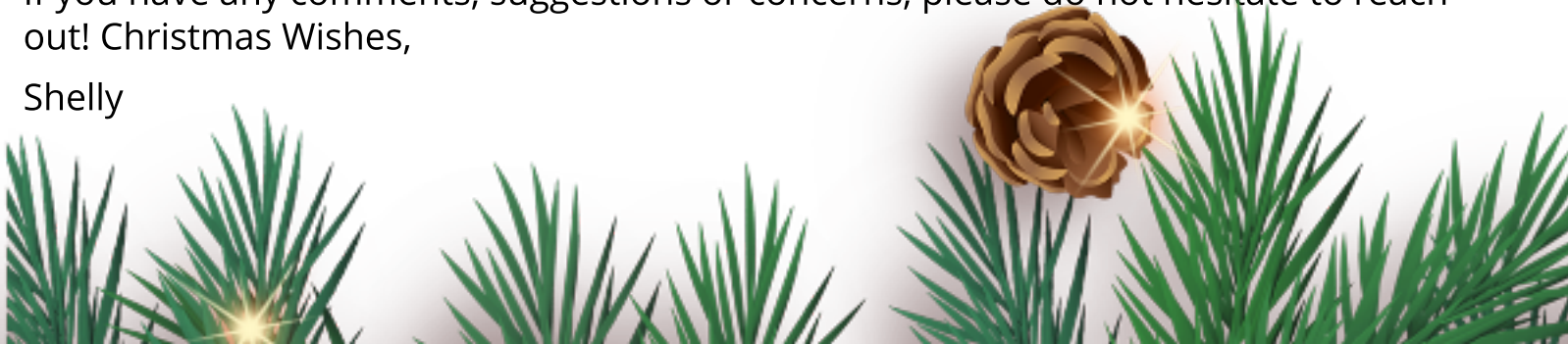
Holiday Greetings from The Bluffs Kitchen!

I hope you are all enjoying the fall/winter menus! We are very excited for the fun Holiday meals of December. Christmas Day and New Years day will bring special dinner options and celebrations along with our Holiday Merriment Happy Hour on the 23rd.

There will be many festive celebrations this month and I am looking forward to sharing them with each of you!

If you have any comments, suggestions or concerns, please do not hesitate to reach out! Christmas Wishes,

Shelly



Activity Calendar

Community Captures



Merry
Christmas



Employee Birthdays



Annie Simonson- 12/13

Dining Attendant

What do you like to do in your free time?

Be with my friends

What are 3 words to describe yourself?

Helpful, Caring, and Reliable



Briana Lutz - 12/16

Dining Attendant

Where did you grow up?

In Calumet/Laurium

People would be surprised if they knew...

I have 4 dogs, 2 cats, 2 gold fish, and I like to fish.

Gift Wrapping Station!

Every Thursday @ 3:PM leading up to Christmas, Katelyn will be offering gift wrapping supplies and services!

January Save The Dates



- 1st- New Year's Day Dinner
- 6th- Birthday Lunch
- 13th- Heikinpaiva Happy Hour



Our Amazing Team



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