

# The Bluffs Senior Community

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[www.thebluffs.org](http://www.thebluffs.org)

MARCH

2023

## NEWSLETTER

### Resident Birthdays

13th- Doris V.  
21st- Jim B. (QC)  
24th- Carole L.  
26th- Dallas B.

### Employee Birthdays

7th- Jackie S.  
9th- Brian D. (CEO)  
16th- Sarah L.

## Letter from our Executive Director

Happy March!

They say March comes in like a lion and goes out like a lamb, let's see what this weather does during the 1st month of Spring! February was definitely on the mild side, we were quite spoiled, we have almost forgotten what a true Copper Country winter can be like!

We have been planning away for the month of March as we are going cruisin'! Katelyn has a great itinerary planned out and we're looking forward to a fun month of travel destinations, foreign food and documentaries. Everyone is sure to have a wonderful time, be sure to get your passport ready!

*Let's*  *Cruise*

We will also happily welcome the first day of Spring on the 20th of this month, we welcome it with open arms! If you go outside to walk, please use caution. The walks melt during the day and become very slippery at night and on cooler day. Let's have a great month!

~Jessica





## Activity Highlights

Spring greeting!

March is always a drab month to me with the melt and freeze on repeat and the culmination of a winter cooped up, I'm itching to get out and moving! That said I have exciting plans for us to beat the end of winter blues and we're going on a cruise! Each week we'll be doing a variety of travel videos and documentaries, crafts, baking, and more in each of our locations!

That's not all we have to celebrate though. On the 16th we will celebrate St. Urho's day so be sure to wear your purple! We'll be making a pit stop for St. Patrick's day on the 17th so be sure to pull your green out. The long awaited first day of spring will be here on the 20th! We'll also be celebrating National Stripes Day on the 31st.

As always, if you have any questions or suggestions for future activities, don't hesitate to let me know!

~Katelyn

## Activity Spotlight

### ARMCHAIR TRAVELS

Every Monday @ 1:30 pm we will be doing a virtual tour of each destination to immerse in the views, the food and culture!

We will be doing more specific tours throughout the week, but Mondays will be the foundation setting of our destination!

# Cruise Month

For the month of March, each week we will be traveling to a different location and as many activities as possible will be culturally geared towards where we are!



**Travel Itinerary:**  
**March 1st-5th: Alaska**  
**March 6th-12th: Italy**  
**March 13th-19th: South Africa**  
**March 20th-26th: Iceland**  
**March 27th- 2nd: Peru**



Each week we'll be immersing ourselves in the culture with some baking, arm chair travel, cultural crafts, music, and more. Every Thursday night we'll feature some cultural cuisine for dinner, and occasionally have some goods in coffee corner to try.

We'll also have passports for everyone that will be stamped when you come to an activity. Each week if you get 3 or more stamps (15 total) in your passport you will be entered into a drawing for prizes at the end of the month!

## The Arcadia Way

In January, Arcadia began a new program to recognize employees that exemplify the Arcadia Way. Does an employee demonstrate Teamwork? Integrity? Are they Accountable, show Respect and demonstrate Safety? If so, we'd love to hear from you! We are looking to recognize ambassadors that support the principles of Arcadia.

We have a beautiful display set up at the front desk as well as nomination forms. All completed nomination forms should be turned into Jessica for her review. On a quarterly basis, our community will recognize 2 team members who exemplify the Arcadia Way. Those members will go on to be eligible for the Ambassador of the Year as well as go in the running for the Arcadia Ambassador of the Year (Company wide level).

So we need your help to recognize our amazing staff members, please see Jessica if you have any questions! Thank you!





# Activity Calendar

# Community Captures





## Steps Challenge Winners



Duplex 1st- Jim Boerma  
355k steps



Duplex 2nd- Linda Belote  
192k steps



Duplex 3rd- Judy Albee  
113k steps



Resident 1st-Shirley Pichette  
35k steps



Resident 2nd -Judy Juntunen  
7.5k steps



Staff 1st- Mary Kerttu  
262k steps



Staff 2nd- Abbie Parker  
236k steps



Staff 3rd - Jes Bracco  
235k Steps

## April Save The Dates



3rd - Birthday Lunch

9th- Easter Sunday

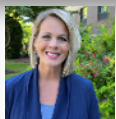
11th - Bluffs Golden Awards Ceremony

18th- Tax Day (Taxes Due)





## Our Amazing Team



**Jessica Bracco // Executive Director**  
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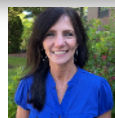
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