

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SO - Social	1 Labor Day 10:00 Exercise with Julia-3rd Floor Exercise Room 1:30 Bingo- 2nd Floor Library 6:30 Resident Led Scrabble- 2nd Floor Library	2 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 11:00 Hearing Aid Cleaning with U.P. Audiology- Private Dining Room 11:30 Lunch Outing to Ginos - Lobby Departure	3 Popcorn Day! 9:30 Free Blood Pressure Checks- 3rd Floor Exercise Room 10:00 Exercise with Julia-3rd Floor Exercise Room 2:00 Catholic Mass- 3rd Floor Ballroom	4 Bluffs Shirt Day! 10:00 Exercise with Julia-3rd Floor Exercise Room 10:30 Shopping Outing to Goodwill- Lobby Departure 1:30 Paper Airplanes & Launch Party- 2nd Floor	5 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 11:30 Birthday Lunch *Announcements at Noon*- Dining Room 1:30 Happy Hands *1:30 p.m. -2:30 p.m. * - 2nd	6 10:00 Resident Led Morning Walk Outside- Lobby Departure 10:30 Crafty Ladies-Gathering Room 1:30 Resident Led: Game of Pool- 2nd Floor 2:30 Coffee Chat- Coffee
7 9:00 St. Ignatius Catholic Church Live Stream- Gathering Room 10:00 Houghton United Methodist Church Live Stream- Gathering Room 11:00 St. Peter & Paul	8 National Assisted Living Week 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 10:00 Walker & Scooter Maintenance with Doug The Scooter Dr-	9 National Assisted Living Week 10:00 Exercise with Julia-3rd Floor Exercise Room 10:00 Road Trip Adventure *Sign-Up Required*- Lobby Departure 2:30 Coffee Chat with T rivia-	10 National Assisted Living Week Popcorn Day! 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 1:00 Catholic Outreach with Sister Linda- Private	11 Bluffs Shirt Day! National Assisted Living Week 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 1:30 Bingo- 2nd Floor Library	12 National Assisted Living Week 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 6:30 Resident Led Card Game Uno- 2nd Floor Library	13 National Assisted Living Week 10:00 Resident Led Morning Walk Outside- Lobby Departure 10:30 Crafty Ladies-Gathering Room 1:30 Resident Led: Game of
14 9:00 St. Ignatius Catholic Church Live Stream- Gathering Room 10:00 Houghton United Methodist Church Live Stream- Gathering Room 11:00 St. Peter & Paul	15 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 1:30 Bingo- 2nd Floor Library 6:30 Resident Led Scrabble- 2nd Floor Library	16 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 2:30 Coffee Chat- Coffee Corner 6:30 Resident Led Rummikub- 2nd Floor Library	17 Popcorn Day! 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 1:00 Catholic Outreach with Sister Linda- Private Dining Room 6:30 Resident Led: Pinochle -	18 Bluffs Shirt Day! 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 1:30 Bingo- 2nd Floor Library 6:00 Netflix Series " Virgin River"- Gathering Room	19 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 6:30 Resident Led Card Game Uno- 2nd Floor Library	20 10:00 Resident Led Morning Walk Outside- Lobby Departure 10:30 Crafty Ladies-Gathering Room 1:30 Resident Led: Game of Pool- 2nd Floor 2:30 Coffee Chat- Coffee
21 9:00 St. Ignatius Catholic Church Live Stream- Gathering Room 10:00 Houghton United Methodist Church Live Stream- Gathering Room 11:00 St. Peter & Paul	22 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 1:30 Bingo- 2nd Floor Library 6:30 Resident Led Scrabble- 2nd Floor Library	23 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 2:30 Coffee Chat- Coffee Corner 6:30 Resident Led Rummikub- 2nd Floor Library	24 Popcorn Day! 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 1:00 Catholic Outreach with Sister Linda- Private Dining Room 6:30 Resident Led: Pinochle -	25 Bluffs Shirt Day! 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 1:30 Bingo- 2nd Floor Library 6:00 Netflix Series " Virgin River"- Gathering Room	26 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 6:30 Resident Led Card Game Uno- 2nd Floor Library	27 10:00 Resident Led Morning Walk Outside- Lobby Departure 10:30 Crafty Ladies-Gathering Room 1:30 Resident Led: Game of Pool- 2nd Floor 2:30 Coffee Chat- Coffee
28 9:00 St. Ignatius Catholic Church Live Stream- Gathering Room 10:00 Houghton United Methodist Church Live Stream- Gathering Room 11:00 St. Peter & Paul	29 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 1:30 Bingo- 2nd Floor Library 6:30 Resident Led Scrabble- 2nd Floor Library	30 10:00 Exercise with Kalyssa- 3rd Floor Exercise Room 2:30 Coffee Chat- Coffee Corner 6:30 Resident Led Rummikub- 2nd Floor Library				